



Limits of Confidentiality

One of the most important rights of the person seeking counseling is **confidentiality**. Information revealed by you during counseling sessions will be kept strictly confidential and will not be revealed to any other person or agency without your written permission, with the following exceptions:

- If an individual intends to take harmful, dangerous, or criminal action against another human being, or against themselves.
- I become aware of any actual or suspected acts of child, elder or disabled person abuse.
- I am ordered by a court of law to release your records or disclose information.

If you have any questions about confidentiality and its limits, please be sure to ask me before we begin therapy, or at any time during our future meetings.

*** Confidentiality and its limits will be reviewed and discussed in depth during the first session.**